



Tea & Talk Quiz

1) How many cups of tea are consumed every day in Britain?

- a) 1,000,000 b) 147,000,000 c) 165,000,000

2) When did tea replace ale and gin as the drink of the masses and had become Britain's most popular beverage?

- a) 17th Century b) 18th Century c) 19th Century

3) Can drinking tea help you to protect against tooth decay?

- a) yes b) no

4) What percentage of cups of tea drunk everyday are made using a tea bag?

- a) 96% b) 75% c) 50%

5) Does tea have less caffeine in than coffee?

- a) no b) yes

6) What percentage of people in Britain take their tea with milk and sugar?

- a) 15% b) 30% c) 45%

7) Roughly how many people in Britain will experience mental ill health at some point in their lives?

- a) 1 in 4 b) 1 in 10 c) 1 in 20

8) How many people with mental health problems reported the negative impact of stigma and discrimination on their lives?

- a) 3 out of 10 b) 7 out of 10 c) 9 out of 10

9) How many people believe admitting to mental illness would damage their career?

- a) 31% b) 54% c) 92%

10) Approximately how many people are living with the dementia in the UK?

- a) 175,000 b) 580,000 c) 620,000

Tea and Talk Quiz Answers

- 1) C
- 2) B
- 3) A
- 4) A
- 5) B
- 6) A
- 7) A
- 8) C
- 9) C
- 10) C